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Scabies Exposure at Catholic Medical Center and Dartmouth-Hitchcock Manchester, Manchester, NH

Key Points and Recommendations

- Crusted (Norwegian) scabies was identified in a patient who received medical care at Catholic Medical Center (CMC) and Dartmouth-Hitchcock (D-H) Manchester clinic locations in Manchester, NH.
- 2. Individuals who visited certain clinic locations at CMC or D-H Manchester during a defined period of time (see recommendations below), should be evaluated for scabies and either receive treatment (if active infection), or be offered prophylaxis.
- 3. Catholic Medical Center and D-H Manchester are offering clinics on March 9th, 10th, and 11th to administer prophylaxis to those at risk for scabies.

Background and Situation Update

On March 2, 2016, the NH Department of Health and Human Services (DHHS) was notified that crusted (Norwegian) scabies was identified in a patient who received medical care at Catholic Medical Center (CMC) and Dartmouth-Hitchcock (D-H) Manchester clinic locations in Manchester, NH. CMC and D-H Manchester are directly contacting persons known to have been exposed; however, family members and visitors to the affected locations on the specified dates may also have been exposed.

Scabies is a skin infestation by the human itch mite. After an incubation period as long as six weeks, symptoms of intense itching and a pimple-like rash can develop. It is usually spread by direct, prolonged, skin-to-skin contact with an infested person. Crusted scabies is a severe form of scabies that can occur in people who are immunocompromised, elderly, disabled, or debilitated. Persons with crusted scabies have thick crusts of skin that contain large numbers of scabies mites and eggs. Patients with crusted scabies are very contagious to other people and can spread the infestation easily by both direct skin-to-skin contact and by contamination of items such as their clothing, bedding, and furniture. Mites can live in the environment for up to 3 days.

Recommendations

DHHS recommends that exposed persons be screened for scabies and/or receive a prophylactic medication to prevent infestation as follows:

- 1. Remote Exposure (July, August, or November 2015): Patients, employees, and visitors who were in the locations listed below should be evaluated for scabies if he or she has an unexplained itchy rash. Suspected cases of scabies should be confirmed by skin scrapings. Prophylactic medication is not recommended for asymptomatic persons because there is no longer risk of developing scabies. The affected units and locations are as follows:
 - D-H Manchester Dermatology, Radiology, and Laboratory Services at 100 Hitchcock Way, Manchester
 - D-H Manchester Hematology/Oncology, Pulmonology, and Rheumatology at Notre Dame Pavilion at Catholic Medical Center, 87 McGregor St, Manchester
 - Norris Cotton Infusion Center, Catholic Medical Center, 87 McGregor St, Manchester
 - Catholic Medical Center Pulmonary Medicine, 100 McGregor St, Manchester
- 2. Recent Exposure (December 1, 2015 March 2, 2016): Patients, employees, and visitors who were in any of the following locations should be evaluated for scabies if he or she has an unexplained itchy

rash. Suspected cases of scabies should be confirmed by skin scrapings. If the patient does not have symptoms of scabies then the patient should be offered prophylactic medication.

Location	Dates
D-H Manchester Dermatology 100 Hitchcock Way, Manchester, NH	3/2/2016
D-H Manchester Radiology 100 Hitchcock Way, Manchester, NH	12/1/2015 — 12/4/2015
D-H Manchester Laboratory 100 Hitchcock Way, Manchester, NH	1/14/2016 — 1/17/2016
D-H Manchester Pulmonology Notre Dame Pavilion at Catholic Medical Center 87 McGregor St, Manchester, NH	12/4/2015 — 12/7/2015
D-H Manchester Hematology/Oncology Notre Dame Pavilion at Catholic Medical Center 87 McGregor St, Manchester, NH	12/17/2015 — 12/20/2015
D-H Manchester Rheumatology Notre Dame Pavilion at Catholic Medical Center 87 McGregor St, Manchester, NH	1/12/2016 – 1/15/2016, 2/29/2016 – 3/2/2016
Norris Cotton Laboratory Catholic Medical Center 87 McGregor St, Manchester, NH	12/14/2015 – 12/17/2015, 2/29/2016 – 3/3/2016
Catholic Medical Center Laboratory 100 McGregor St, Manchester, NH	2/15/2016 — 2/18/2016
Catholic Medical Center Emergency Department 100 McGregor St, Manchester, NH	2/15/2016 — 2/18/2016
Catholic Medical Center Cardiac Medical Unit (C100) 100 McGregor St, Manchester, NH	2/15/2016 — 2/24/2016
Catholic Medical Center Medical Surgical Unit (E200) 100 McGregor St, Manchester, NH	2/21/2016 – 2/27/2016
Catholic Medical Center Radiology Department 100 McGregor Street, Manchester NH	2/15/16 — 2/18/16

Clinic Times and Locations

CMC and D-H Manchester are conducting clinics to facilitate screening and prophylaxis for people with recent exposure (defined above).

People who were exposed at CMC locations should attend one of the following clinics:

Day	Date	Time	Location
Wednesday	March 9, 2016	8:00 a.m. – 8:00 p.m.	Across from Catholic Medical Center
			195 McGregor St, Manchester, NH
Thursday	March 10, 2016	8:00 a.m. – 8:00 p.m.	Across from Catholic Medical Center
-			195 McGregor St, Manchester, NH
Friday	March 11, 2016	8:00 a.m 8:00 p.m.	Across from Catholic Medical Center
		·	195 McGregor St, Manchester, NH

People with exposed at D-H Manchester locations should attend one of the following clinics:

Day	Date	Time	Location
Wednesday	March 9, 2016	8:00 a.m. – 8:00 p.m.	Dartmouth-Hitchcock Manchester
			100 Hitchcock Way, Manchester, NH
Thursday	March 10, 2016	8:00 a.m. – 8:00 p.m.	Dartmouth-Hitchcock Manchester
			100 Hitchcock Way, Manchester, NH
Friday	March 11, 2016	8:00 a.m. – 8:00 p.m.	Dartmouth-Hitchcock Manchester
			100 Hitchcock Way, Manchester, NH

For more information on scables, visit the Centers for Disease Control and Prevention at http://www.cdc.gov/parasites/scables/. For information about the situation at the specific facilities visit Dartmouth-Hitchcock at http://www.dartmouth-hitchcock.org/ and Catholic Medical Center at https://www.catholicmedicalcenter.org/.

New Hampshire clinicians may also refer patient questions to the NH DHHS Public Inquiry Line at 271-9461 Saturday and Sunday, March 5^{th} and 6^{th} from 12:00 p.m. – 5:00 p.m. or Monday, March 7^{th} through Friday March 11^{th} , 9:00 a.m. – 6:00 p.m.

To change your contact information in the NH Health Alert Network, contact Thom Flynn at 603-271-7499 or email tdflynn@dhhs.state.nh.us

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